



*We Work Hard to Make Long Term Care Planning Easy*

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## **Long Term Care Insurance Benefit Overview**

(Options Vary by Company and State)

### **Types of LTCI Plans**

Stand-Alone "Traditional" LTCI

- Typically lower cost
- Premiums are not guaranteed and are subject to future rate increases

Hybrid Asset-Based Life/LTCI

- Guaranteed Premiums
- Guaranteed Disbursement

### **Benefit Eligibility Triggers**

Certification that policyholder requires substantial assistance (hands on or stand-by) for an expected period of at least 90 days. Either a cognitive impairment (senility, dementia or Alzheimer's) or an inability to perform without assistance two of six Activities of Daily Living (Eating, Bathing, Dressing, Transferring, Toileting, and Continence) triggers eligibility of benefit.

### **What's Covered**

- Home Health Care
- Assisted Living Facility
- Skilled Nursing Home
- Adult Day Care
- Hospice Care
- Care Management Services
- No Pre-existing Conditions Exclusion
- Portability
- Guaranteed Renewable

### **Daily or Monthly Benefit**

Benefit amount available for reimbursement of eligible services received at home, an assisted living facility and/or nursing home.

**Daily:** \$50-\$400 (varies by carrier)

**Monthly:** \$1500-\$12,000 (varies by carrier)

### **Inflation Protection**

Increases the daily or monthly benefit and total pool of money by a fixed percentage typically between 0% and 5%.

- Simple
- Compound
- Guaranteed Purchase Option (GPO)

### **Length of Coverage**

Minimum number of days to exhaust pool of money. It may take longer to exhaust pool of money if one is requiring less than daily/monthly maximum or receiving benefits on a nonconsecutive basis.

2 years (730 days)	5 years (1825 days)
3 years (1095 days)	6 years (2190 days)
4 years (1460 days)	Lifetime (unlimited)

### **Pool of Money (Days x daily/monthly)**

Ex: 1,095 days at \$100/day = \$109,500 pool

### **Elimination Period (Deductible)**

Amount of time after certification (see benefit eligibility triggers) before benefits are reimbursable. Only one elimination period must be met in a lifetime.

30 days	180 days
60 days	365 days
90 days	

**Service Day:** Eligible services must be received on a given day to qualify.

**Calendar Day:** Eligible services not needed on a given day to qualify.

### **Common Optional Riders**

- Shared Care
- Waiver of Home Care Elim Period
- Nonforfeiture
- Restoration of Benefits
- Return of Premium

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