



אלה מסעי בני ישראל

*Eileh ma'aseh b'nei Yisrael*

*These are the journeys of our lives*

It has become commonplace to see life as a journey. For many of us, it even makes sense to think that it is not even the end-point that's important so much as the trip itself. What gets lost along the way is that it is impossible to travel from one point to another without letting go of where we've been so that we can meet wherever we arrive. Which suggests that a journey is an ongoing process of change and transition.

Over our time together, we will reflect on our own experiences in light of teachings from our Tradition (primarily using Hasidic texts). Engaging in this Torah--the teachings and our lives--will be toward the end of

ללמוד וללמד לשמור ולעשות

*Lilmod ul'lamed lishmor v'la'asot*

*learning, teaching, observing, and practicing*

so that we can meet each moment, each change and transition, with grace, an open heart, curiosity, and fortitude.