## Financial Capability Month

Learn the lingo in 30 days. No more mysteries here—just plain talk to up your money game.



Week 1

Know where your paycheck goes

America Saves Week

Take-home pay

The amount of money you receive in your paycheck after deductions such as taxes, Social Security, and benefits (think: health care and retirement savings) have been subtracted.

TUE

**W-2** 

A financial snapshot of your income that helps with filing taxes each year. It tells you about your annual earnings, deductions, and other money details that the IRS is curious about.

WED

Taxable income The part of your money that the IRS is interested in for figuring out how much tax you owe.

THU It's what's left over after you've taken out any deductions and exemptions.

**Social Security** Social Security helps provide financial support when you retire. It's a government program

FRI that sends regular payments to eligible individuals, which helps them maintain financial security in their later years.

SAT

**Essential expenses** These are crucial, must-pay costs for basic living, like housing, food, utilities, and health

care. They are the necessities that you need to cover to maintain a reasonable quality of life.

**Discretionary spending** 

SUN

personal preferences and wants.

A type of managed account that uses technology to help automate investing. Thanks to

A slice of your income that you're dedicating to retirement savings or investments. It's a

dining out, travel, or other purchases. It's the flexible part of your budget, allowing for

The money you choose to spend on non-essential items and activities, like entertainment,

MON

Week 2

**Robo Advisor** 

**Contribution rate** 

**Long-term goal** 

automation, robo advisory services are often offered for a lower fee than traditional investment management.

great way to transform your intentions into impact. **Emergency savings** 

Money set aside to help cover unexpected costs like medical bills or a home or car repair. WED Try starting with \$1,000 then gradually build it up to cover 3 to 6 months of essential expenses.

THU

retirement. Taking small steps now can make a big difference in helping turn these goals into reality.

A money goal that's 3+ years away—like eliminating debt, saving for a home, or planning

**Credit score** A number between 300 and 850 that helps banks and credit card companies make FRI decisions about lending you money. Higher scores help make it easier to get approved for more credit or lower interest rates.

more to your minimum monthly payment will help you pay off debt faster.

SAT

the bond matures.

**Debt minimum payments** The smallest amount you must pay each month on a loan or credit card. Adding a little bit

Bonds are like IOUs from companies or governments. When you buy one, you're lending

money. In return, you get periodic interest payments and your initial investment back when

SUN

Learn the lingo

MON

Week 3

Savings accounts that offer ways to save money and invest for the future, often with special tax savings. There are 9 basic types of retirement accounts, each with their own benefits.

help invest and save for retirement.

**Retirement accounts** 

401(k) A workplace account where you set aside and invest a portion of your paycheck to save for

TUE

money), up to a certain amount.

403(b) A retirement savings plan available for employees in certain tax-exempt organizations, like WED public schools, nonprofits, and government agencies. It allows you to contribute money to

retirement. Many employers match contributions (you put in money and they put in

THU

<u>IRA</u> An individual retirement account (IRA) is a personal retirement savings account (separate

from employer-sponsored plans). You contribute money, often with tax incentives, and prep for the retirement you want. **HSA** 

A health savings account (HSA) is a tax-efficient way to manage health care costs. You

contribute pre-tax money to cover qualified medical expenses, now or in the future.

FRI

**FSA** A flexible spending account (FSA) lets you set aside pre-tax money for health care or SAT

dependent care expenses, like prescriptions or childcare. These accounts are typically "use it or lose it."

SUN

tax-free.

529 savings plans

Week 4 Make your money work harder **Avalanche debt payment method** 

A debt payoff method that tackles high-interest debt first. After you pay off the account with

the highest interest, while continuing to make the minimum payment on your other debts,

then you start paying down the loan with the next highest interest.

A flexible, tax-advantaged savings account for education expenses. You invest money and

then any withdrawals for qualified expenses (for preschool through college and beyond) are

TUE

MON

**Snowball debt payment method** A debt payoff approach where you start by paying off the smallest debt first, while

continuing to make the minimum payment on your other debts. Then roll those victories

You put money into assets like stocks or bonds with the goal of making more money than

Compound interest is when interest you earn in a savings or investment account earns

interest of its own. So, you earn interest on both your initial balance and the interest that's

Inflation is the rise in the price of goods and services over time. This diminishes the value of

WED

you started with. It can be a helpful way to build a solid financial foundation over time. **Stock market** 

into bigger ones. This helps you gain momentum.

A financial marketplace where you can buy and sell shares of public companies. Many THU people invest in the stock market with hopes of earning more money on their investments.

**Volatility** 

**Inflation** 

**Compound interest** 

added to the balance over time.

**Investing** 

Volatility is like a roller coaster of ups and downs in the money world. It measures how SATmuch an investment's value fluctuates, offering opportunities and risks for investors.

SUN

money. What you could buy yesterday might cost more tomorrow.

**Estate plan** 

Week 5 Protect your loved ones

MON

your wishes are honored and that your loved ones are cared for. **Will** 

A financial playbook for the future. It includes a will, power of attorney, and more to ensure

A will is your personal script when you're no longer around. It outlines who gets what, from

TUE

your prized possessions to property. It's your final say in ensuring your wishes are honored.

**Beneficiary** A beneficiary is like a VIP of your financial plans. Usually a family member or close friend, WED they are who you designate to receive your assets, like life insurance, retirement funds, or



bank accounts.

Fidelity does not provide legal or tax advice. The information herein is general in nature and should not be considered legal or tax advice. Consult an attorney or tax professional regarding your specific situation. Fidelity Brokerage Services LLC, Member NYSE, SIPC, 900 Salem Street, Smithfield, RI 02917

© 2025 FMR LLC. All rights reserved. 1130614.2.0